

Clinical Certification Mentor - Cathy Miller:

Your personal statement: I am passionate about Soul Lightening Acupressure, and have seen and personally experienced the profound benefits of this work. I love how the practical application of our principles and methods have the potential to make such a profound difference for people on their healing paths. I love observing and learning from the natural world as we work with the five elements. I especially love walking alongside new practitioners as they make these discoveries for themselves throughout the CA certification process.

Because I am immersed in so many aspects of the Soul Lightening organization, it's very important for those who mentor with me to be good "self-starters" and be motivated to stay in touch with me. One of my strong qualities is the ability to be very present with you while we are together in person, or on the phone. One of my challenges is to remember and keep track of the details of your progress. If we work together, I will count on you to check in with me regularly.

How do I keep track of your progress? I often see the students I am mentoring as we are together for the practicum series. During months when we do not meet for class, or once classes are completed my preference is to have a monthly check-in with you via email. This connection lets me know what you are working on, and if you have any questions. I do my best to answer questions via email, but periodically it becomes necessary to have a phone consultation. I keep any written papers you send me in your file here in my office. I keep your e-mailed session write-ups and other documents in a file on my computer.

When do students pay the \$65 an hour mentoring fee and when is support no charge? There is no charge for email correspondence or brief phone calls of 10-15 minutes. If/when we make an appointment to have a 1-hour phone consultation or an in-person consultation/session there will be a \$65 fee. The only required meetings/consultations with me will be your final check-out session and a phone consultation to discuss your essays. Every student has different needs, and the number of meetings/consultations will be tailored to you. Typically there are 3 or 4 one-hour consultations to discuss case reports, your community service project, etc.

What are your current fee for acupressure sessions in person or on the phone? I charge certification candidates \$65 per hour for private sessions (phone or in person).

Are CA Certification Study Groups and other support offered and is there a fee charged and how much? I have not been hosting study groups due to my travel schedule, however I am looking forward to creating a regular conference call for all CA certification candidates. There would be no charge.

How do you want case studies submitted and how many can be submitted at one time? It is easiest for me if you submit your case studies via email, however, you may also mail copies to me. It works best if you also have a copy so we can discuss each report in detail. I suggest sending reports regularly throughout the certification process so we can discuss how to refine and deepen your clinical practice. You can submit as many case studies as you wish.

How do you want to approve & submit the Community Service & Special Project reports? When you have ideas for your community service and special project send me an email. I will let you know if I have any questions or suggestions. After completing each project you will send me a written description of what happened and/or send a copy of your written/published article. My preference is to receive all written materials via email, however you can send hard copies in the mail if necessary.

How do you want the Essay Questions submitted and how many can be submitted at one time. My preference is to receive all written materials via email, however you can send hard copies in the mail if necessary. You may send the essays as you finish them, however I suggest we talk about them after they have all been completed. I also strongly suggest that you work on these essays during your year of practicum workshops so that you are ready to turn everything in and have your final checkout session during or shortly after completing your last class.

How do you want students to prepare for the practical skills evaluation? The practical skills evaluation will be an opportunity to review your certification journey. You will create a binder with all of your written pieces, plus any materials you have created to assist you in your practice. During the practical skills evaluation you will be asked to locate all 36 points at interface, and describe 3-4 unique facts about each point. All of the skills and experience you have gathered during the certification process will assist you in designing and delivering a full CA session during your final check out.

Some additional thoughts about gathering info and studying about our 36 points for eventually doing your final check out for CA Certification. You will have the opportunity to review and deepen your knowledge of the 36 points during the practicum series. Supplemental materials can be found online, or in class with books the instructor provides. I suggest beginning your preparation during the practicum workshops, studying regularly between practicum workshops, and making a plan to do your final checkout session during or shortly after completing your last class.