

Clinical Acupressure Mentor Missy Grace Oleaga, LMT
October, 2015

I have been studying Soul Lightening Acupressure since May 2000. I went through the certification process quickly as my experiences with the work were astounding. I was certified in PA and advanced PA by 2002 and then my goal was to teach CA.

My experience in teaching originated in the YMCA where I was an Aquatic Director, Instructor and Instructor Trainer for all programs. I trained and certified all of my instructors from children's swimming instructor to Lifeguard Instructor and Water Exercise Instructor.

After my Massage Certification in 1992, I began to take different classes in massage and energy therapy and found that Aminah's work resonated with me most. I began teaching an Introduction to PA at a local massage school in 2001 with Aminah's blessing and later met the requirements to teach the following classes through SL: Intro to SLA, Clinical Acupressure 1 and 2, Immune/Lymph Booster, Women's Health Protocol, and Acupressure for Anyone, Chakra Tai Chi and meditations.

I am also a Reiki Master Instructor, and certified to teach Dr. Ramesh's workshops, "The Solution".

As a mentor I will keep a file on each student complete with the progress report. Students should also keep a copy of everything sent to me as well. Case Studies can be sent via mail or e mail. They can be sent as many as 5 - 6 at a time.

SLI's mentoring fee is \$65 for an hour.

We should meet at least 4 times depending on the student's progress. Students pay a fee (\$65) when we review their client reports and consult on them.

I believe that we should also meet for in person acupressure sessions, touch feedback, point location, interface, etc. As a SLI mentor, I will keep this fee to the suggested \$65 for an hour. The number of times we connect on these are determined by the student's experience with this work. This is how I see the student preparing for their practical skills evaluation and design and delivery of sessions. All phone questions, sessions, reviews will also require the \$ 65 mentoring fee.

As far as Study Groups are concerned, I ask for a donation. The student can request a Study Group session at any time during their study and I will arrange one.

There will be no fee required when we have brief telephone or e mail question and answer sessions which the student is free to initiate whenever the need arises.

The answers to their Essay Questions can be sent by e mail if that works for them or by USPS. I prefer that these are sent all together.

The student can discuss their Community Service and Special Project with me for feedback ahead of time and relate that info to me after it is completed. I would be glad to do this as a free of charge phone call.