



## **Process Acupressure Practitioner Certification Program May 2021**

Enrollment in the Certification Program is not required to take classes. However, the Process Acupressure Certification Program is a wonderful opportunity to develop process skills under the personal guidance of a qualified Process Acupressure instructor or a Certified Practitioner. When you sign up for the program, you may request a specific mentor, or the Director of Certification will assign one as a mentor to guide you through the program and provide feedback on your sessions and paperwork. You will have four years to complete all requirements. As you progress through the program you will treat clients using the skills you learn in the required classes and write case reports. These sessions may include hands on and Remote Sessions as per Remote Session Guidelines. You will review these reports with your mentor and receive suggestions about your sessions and your write-ups. We want to ensure that you have the greatest opportunity to learn the skills of a high-quality Process Acupressure practitioner.

There is no better tool available today for self-discovery and development than Process Acupressure. It is truly the Gateway to Soul. While you are taking the classes and treating clients you will be able to use the skills you are learning to facilitate your own self-development. Ideally you will find a process partner to trade sessions with as you both explore your personal issues and develop your skills. The Director of Certification can provide a list of people in your area who are certified or have taken Process Acupressure classes. To facilitate your self-development, you will learn in class how to do PA sessions on yourself. You will write reports of these sessions, and your mentor will provide feedback to help you focus and to suggest tools to facilitate your sessions.

### **Steps of Process Acupressure Practitioner Certification**

#### **Eligibility and Scope:**

Any interested student may join the PA Practitioner Certification program. The program is for professional health and/or psychological practitioners who wish to label themselves or advertise as *Process Acupressure* practitioners. Process Acupressure certification does not represent a legal status to practice. It is your responsibility to satisfy any state or local requirements to practice hands-on professional work.

#### **Enrollment Process:**

Join the Certification Program by completing an enrollment form. There is a Word Doc & a PDF version that you can download from our website. Or request the Word doc by email from our Certification Director at [certification@soullightening.com](mailto:certification@soullightening.com) Your Certification program does not start until your enrollment form has been received, your certification fee has been paid. The certification fee is \$150.00. Please include your check along with your application and mail to Soul Lightening International, P.O. Box 339, Greensboro, MD 21639

## **Length of Program:**

You will have four years to complete the requirements of this program. The four-year time-frame begins when you complete the enrollment form and send in your \$150 certification fee. Once everything has been received by the Certification Director you will be notified of your acceptance and receive confirmation of the mentor you have chosen.

## **Extension of Program:**

With good cause you may request an extension of your four-year program. If you need an extension please contact our Director of Certification for the Request for Extension form. Additional payments will be required as follows: a maximum of two 1-year extensions may be granted for a \$75 fee per extension.

## **Training:**

- 1) **Clinical Acupressure 1:** Basic Applications
- 2) **Process Acupressure 1:** Foundations
- 3) **PA1B: Progressing Process** (formerly Adv. PA 1: Living in Soul)  
*Important Note: PA1B is required before any of the other PA classes except PA1A*
- 4) **PA 2: Body and Personality Parts**
- 5) **Inner Child Healing**
- 6) **Approved Elective:** You may choose a class such as Ancestral Healing or Opening to Your Soul Purpose or repeat any of the PA classes above.

## **Practice Sessions:**

- 1) **Give at least 50 PA sessions.** Write reports on these sessions (approximately one-page) following the form that we will provide or that you have received from your mentor or in a PA class. These sessions may include hands on and remote sessions as per guideline, (up to 15 sessions) You will send these reports to your mentor.
- 2) **Receive at least 50 PA sessions.** 25 sessions may be from someone else; at least 25 sessions must be on yourself alone. You will send these reports to your mentor. These sessions may include hands on and Remote Sessions as per Remote Session guidelines.
- 3) Keep a "Process Journal" of these sessions, giving PA pattern used, issues or themes addressed. The journal will show your own progress with PA and your process. Your mentor may request to see entries in your journal.

## **Feedback/Evaluation Sessions:**

As part of the program, you are required to give three sessions to approved PA practitioners and receive their feedback and written approval of your work. It is highly suggested that you schedule these sessions with three different practitioners, but this is not always feasible. These practitioners can either be PA teachers, Approved PA Mentors or Advanced PA/SL Practitioners. This is a wonderful opportunity to receive feedback from highly skilled PA Practitioners. They will be evaluating the following:

- a) Quality and precision of touch: interface, fulcrums
- b) Point precision.
- c) Understanding of Soul Lightning principles
- d) Ability to follow and facilitate process.

If your skills are developed to the satisfaction of the practitioner, they will approve the session. If you have not yet attained the appropriate skill level, the practitioner may request another session or suggest another class for you to take before they will give approval. For these assessment/evaluation sessions, you will pay the practitioner a fee not to exceed \$50/ hour for Advanced SI practitioners, or \$65 for PA faculty.

### **Final Check-out Session:**

For your final PA certification check-out session, you must give at least one complete PA session to a current PA faculty member or an approved substitute. There is a list of approved individuals on the SLI website under PA Certification & Final Check-Out. If your skills are developed to the satisfaction of the faculty, they will approve the session. If you have not yet attained the appropriate skill level, the faculty may request another session or suggest another class for you to take before they will give approval. For this final check-out session, you will pay faculty a fee not to exceed \$65/hour.

### **Final approval of practitioner proficiency and graduation:**

The mentor and the Director of Certification will give final approval for certification according to demonstrated successful proficiency and completion of required classes, documents and approvals. After approval you will be awarded a Professional Certificate.

### **Mentorship for PA Certification Candidates:**

Each student in the certification program will have a mentor to support, assist, and guide them through the process. The certification director will assist candidates with finding an approved mentor amongst the PA faculty or any other concerns that cannot be addressed with the mentor.

**Choosing a Mentor:** All of the PA mentors have different training and unique styles of teaching/mentoring. We encourage you to discuss this with your proposed mentor during your mentor selection process so you can match with one who most closely meets your needs. Later, during the certification program, if you or your mentor feel that your process might be better served by study with another mentor, either of you may contact the Director of Certification to request a change.

**Meeting with your Mentor:** During your program you will meet periodically with your mentor, either by phone or in person. You can anticipate meeting approximately 6 to 10 times. Your mentor will review your case reports and be available to provide support and answer questions throughout the certification process. They are also available to support your personal process progressions, and/or they may suggest you work with a local practitioner for your personal process. Most mentors prefer that you send your reports, marked "case reports," in packets of 5-10 via email or by snail mail on a consistent, agreed upon schedule. They will review the reports and either send you their responses or connect with you by phone to discuss. You should work out these details with your mentor at the beginning of your program, so you and they know what to expect. For these mentoring meetings/consultations you will pay your mentor the standard SLI mentoring fee of \$65 per hour.

**Hourly Rates for Mentoring & Feedback Sessions:** There is a standard \$65 per hour fee for these case review meetings and mentoring consultations. You should expect to schedule between 6 and 10 mentoring sessions during your certification program. Additionally, you are required to schedule 3 feedback sessions with advanced PA practitioners or faculty during your program and one final check out session with a PA faculty member. The fee for these sessions is not to exceed \$65 for faculty or \$50/hr for advanced SL practitioners.

### **Maintaining Professional Status:**

As a certification candidate, actively engaged in your certification program, you will receive the benefit of discounted membership fee of \$75 until your completion of the certification program.

Once you are a Certified Practitioner of Process Acupressure with Soul Lightening, please stay current with paying your \$125 annual membership fee to Soul Lightening International.

### **Continuation of Personal Development and Refining Professional Skills:**

As a PA Certified Practitioner, the SLI faculty encourages you to take or repeat at least one Process Acupressure or Clinical Acupressure class each year to continue your personal development and to refine your professional skills. You are also invited to enroll in CA Certification if you are not already CA Certified. Or your next step may be the Advanced Soul Lightening Practitioner Certification.